

# The Montgomery News

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## A Senior Moment

A MONTHLY COLUMN FOR LOCAL SENIOR CITIZENS

By Louis Vaccaro

At our next meeting on June 8 at 1 pm, our guest speaker will be Joshua O' Neal, an Eldercare educator with Somerset County office of Aging and Disability.

The discussion will be on nutrition and general health pertaining to seniors. He will also be able to answer questions.

After his presentation Caitlyn Meador from Foothill Acres Rehab and Nursing Center will be hosting Bingo. There will be some wonderful prizes for the winners. Dessert, coffee, and tea will be served.

### Upcoming trips/events:

• **June 18** (Sunday, 2 pm, Father's Day) "West Side Story" at Villagers Theatre at Somerset. Discount tickets are \$15 for members or non-members regardless of age. Transportation is not provided. We purchased discount tickets that will be distributed at our next meeting on a first come, first served basis. The show would make a great Father's Day present.

• **June 22** (Thursday, Noon) Picnic catered by Elmer Catering at Montgomery Veterans Park. Cost to members is \$5. With this event we receive good food and enjoy each other's company, while playing picnic type activi-

ties. Non-members are encouraged to contact us at [montgomerysc.org](http://montgomerysc.org) or use our e-mail address [montgomeryseniorcitizens@gmail.com](mailto:montgomeryseniorcitizens@gmail.com).

• **July 20** (Thursday) Casino trip to Wind Creek, Bethlehem, PA. \$35 for members. \$45 for non-members. There is a \$25 voucher for the casino. Bus departs at the Princeton Elks Lodge at 8:45 am. The Elks Lodge is located at 354 Georgetown Franklin Turnpike (Route 518) Skillman. Bus departs the casino at 3:30 pm and expects to return around 4:45 pm. Sign-up for guaranteed bus seating. Sign-up at a later date is subject to availability. Non-members please contact us if interested.

• **August 5** (Saturday) 2 pm "Bye Bye Birdie" at the Kelsey Theatre, located at 1200 Old Trenton Rd., West Windsor. Senior (60 or more), student/military ticket including service fee is \$20. For non-members tickets including service fee is \$22. Transportation is not provided. Members/non-members can sign up by website or email, for guaranteed seating.

• **August 13** (Sunday) 5:05 pm Somerset Patriots at Patriot Park in Bridgewater. Baseball game and all-you-can-eat barbecue buffet is \$35. Buffet service is from 4 pm to 5:30 pm. Gates open

at 4 pm. In addition, first 1,500 adults and 500 kids will get a promotional T-shirt. Committed to 30 tickets. Transportation is not provided.

As you can see from our calendar and events above, we have planned many events and trips for the coming months. Still more events are on our website at [montgomerysc.org](http://montgomerysc.org). However, some will need to be canceled because of the lack of participation to make them financially viable. Currently at 68 members, we are still a small organization. We need additional members and non-members to help us make more events and trips viable.

Montgomery Senior Citizens Inc is a non-profit organization that hosts social and educational events and activities for its members. It is not operated by the township or county. People above the age of 55 and living in Montgomery Township and the surrounding area are able to join. Our annual fee is \$10. You can join by visiting our website ([Montgomerysc.org](http://Montgomerysc.org)) and register as a new member.

You can also visit us at our regular monthly meeting every second Thursday of the month at 1 pm. Meeting are at the senior center (Otto Kauffman Community Center 356 Skillman Road, Skillman). Website [montgomerysc.org](http://montgomerysc.org). Email: [montgomeryseniorcitizens@gmail.com](mailto:montgomeryseniorcitizens@gmail.com). ■

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