

# A Senior Moment

A MONTHLY COLUMN FOR LOCAL SENIOR CITIZENS

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By Louis Vaccaro

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Dr. Dan Torino, an orthopedic surgeon, will be the guest speaker at our March 14 meeting.

Dr. Torino specializes in adult hip and knee reconstruction or replacement, computer navigation and robotic assisted surgery, revision arthroplasty, general orthopedics, and trauma.

Afterward, Caitlyn Meador will host Bingo. There will be wonderful prizes. Dessert, coffee, and tea will be served.

Three upcoming shows in need of member support — in order to purchase discounted tickets — are: **“Ripcord.”** Choice of nine weekend dates between April 19 and May 5 at Somerset Valley Players in Hillsborough. \$20 for members and senior non-members; \$22 for others.

**“Ragtime.”** Wednesday, May 1 at Dutch Apple Theatre, Lancaster, PA. \$100 (includes bus, lunch, and show) for members and non-members.

**“Nonsense.”** Saturday, May 4 at Kelsey Theatre in West Windsor. \$20 for members and \$24 for non-members.

In addition, there are still tickets remaining for **“Trailblazing**

**Women of Country - A Tribute to Patsy, Loretta and Dolly.”** Sunday, April 14, 7 pm, McCarter Theatre, Princeton. Cost: \$26 for members and \$31 for non-members.

## Somerset County Survey

The Somerset County Office on Aging & Disability Services is conducting a needs-assessment survey for public input to help plan programs and services for Somerset County residents ages 60 years and above, people living with disabilities, and caregivers. The objective is to gather information about how to improve community-based services and programs. The survey is available in print and online. The deadline for responses is March 31.

“Everyone’s input is valuable and makes a difference in funding and program decisions made by the county’s Office on Aging and Disability Services,” said Somerset County Commissioner Paul M. Drake, liaison to the Department of Human Services.

“Examples of currently funded programs include paratransit services, home care, caregiver support, nutrition programs, and the Home-Delivered Meals program. All of these are extremely important to our communities.”



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Information given by survey participants will remain confidential. If there is more than one eligible member in the household, each person should complete their survey. Caregivers can complete the survey for individuals who are unable to complete the form.

To request a printed copy of the survey, call 908.704.6346 or toll-free at 888.747.1122 or email [OfficeAging@co.somerset.nj.us](mailto:OfficeAging@co.somerset.nj.us).

## Older Americans Act of 1965

In compliance with the Older Americans Act of 1965, the Office on Aging and Disability conducts the survey annually to determine the needs of the aging community and people with disabilities. The Office on Aging and Disability includes those survey results in the Service Area Plan Contract, which is developed every three years and then submitted for approval to the State Department of Human Services Division of Aging Service. The Area Plan helps agencies identify needs and trends and implement programs and services to address those needs. ■

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Montgomery Senior Citizens, Inc. is a non-profit organization. People above the age of 55 and living in Montgomery Township and the surrounding area are able to join. Our annual fee is \$20.00. You can join by visits our website ([Montgomerysc.org](http://Montgomerysc.org)) and register as a new member. You can also visit us at our regular monthly meeting every 2nd Thursday of the month at 1:00 PM. Meeting are at the senior center (Otto Kauffman Community Center 356 Skillman Road, Skillman, NJ 08558). All are welcome.

Website: [montgomerysc.org](http://montgomerysc.org) • Email: [montgomeryseniorcitizens@gmail.com](mailto:montgomeryseniorcitizens@gmail.com)