Montgomery Senior Citizens Calendar Meeting Program Plan

2/13/25 (Thursday) 1:00_{PM} The guest speaker for this meeting is Sigrid Solis of the Montgomery Township Health Department. She will be describing the "Move to Get F.I.T program. This program is a physical activity lesson from the Health Ease curriculum, an evidence-based curriculum designed by the New Jersey Institute for Successful Aging in collaboration with the New Jersey Department of Human Services. Members will learn to identify the benefits of exercise in promoting healthy aging, explain the current recommendations for an active and fit older adult, and select the best strategy for beginning and/or maintaining an exercise program.

3/13/25 (Thursday) 1:00_{PM} Lori Woodworth will be performing a variety of songs from 40s to the present. The party will always be on the upbeat with fun dance music

February 5, 2025

Montgomery Senior Citizens <u>Event/Trip Plan</u>

3/7/25-3/23/25 (3 Weekends) Your choice of date "Over the River and Through the Woods" at the Somerset Valley Players located at 689 Amwell Road (Rte 514), Hillsborough, NJ 08844. Friday and Saturday: 8 pm; Sunday: 2:00 pm. For Opening Night, Friday, 3/7, there is a party held on the set after the performance. Enjoy refreshments, look over the set and meet the performers, production staff and director of the production. All at no additional cost.

Order tickets directly with SVP (online or call) to get our exclusive membership discount of \$5. See email to members only for procedure and passcode. This is <u>not</u> the same email as for *Annie*. E-mail us if you need another copy of the email.

Show Description

Nick is a single, Italian-American guy from New Jersey. His parents retired and moved to Florida. That doesn't mean his family isn't still in Jersey. In fact, he sees both sets of his grandparents every Sunday for dinner. This is routine until he has to tell them that he's been offered a dream job. The job he's been waiting for—marketing executive—would take him away from his beloved, but annoying, grandparents. He tells them. The news doesn't sit so well. Thus begins a series of schemes to keep Nick around. How could he betray his family's love to move to Seattle, for a job, wonder his grandparents? Well, Frank, Aida, Nunzio and Emma do their level best, and that includes bringing to dinner the lovely—and single—Caitlin O'Hare as bait...we won't give the ending away here.

4/17/25 (Thursday) 9:30AM **Birthday Breakfast at the Star Diner** in Hillsborough. Free for those with birthdays from January to April. Others pay \$10. Final sign-up and payment are at the April meeting. Choices are from a select menu.

5/2/25-5/18/25 (3 Weekends) "The Girl on the Train" at the Somerset Valley Players located at 689 Amwell Road (Rte 514), Hillsborough, NJ 08844. Friday and Saturday: 8 PM; Sunday: 2:00 PM. For Opening Night,

Your choice of date

Friday, 5/2, there is a party held on the set after the performance. Enjoy refreshments, look over the set and meet the performers, production staff and director of the production. All at no additional cost.

Order tickets directly with SVP (online or call) to get our exclusive membership discount of \$5. See email to members only for procedure and passcode. Use the same code as for "Over the River and Through the Woods". Email us if you another copy of the email.

Show Description

Rachel Watson longs for a different life. Her only escape is the perfect couple she watches through the train window every day, happy and in love. Or so it appears. When Rachel learns that the woman she's been secretly watching has suddenly disappeared, she finds herself as a witness and even a suspect in a thrilling mystery in which she will face bigger revelations than she could ever have anticipated.

5/17/25 (Saturday) 3:00_{PM} "Pippin" at the Music Mountain Theatre located at 1483 NJ-179, Lambertville, NJ 08530. Cost is \$24 for members and \$26 for guest(s) of members. Sign-up starts at the February meeting. Deadline for sign-up and payment is at the March meeting. As always, sign-up can be done via email and payment can be made via postal mail.

Regular ticket price is \$33 for seniors and \$35 for adults.

Show Description

There's magic to do when a prince learns the true meaning of glory, love and war in Stephen Schwartz's iconic and unforgettable musical masterpiece. Heir to the Frankish throne, the young prince Pippin is in search of the secret to true happiness and fulfillment. He seeks it in the glories of the battlefield, the temptations of the flesh and the intrigues of political power (after disposing of his father, King Charlemagne the Great). In the end, though, Pippin finds that happiness lies not in extraordinary endeavors, but rather in the unextraordinary moments that happen every day. With an infectiously unforgettable score. Pippin is the story of one young man's journey to be extraordinary.