

A Senior Moment

A MONTHLY COLUMN FOR LOCAL SENIOR CITIZENS

By Louis Vaccaro

September 2026

I would like to thank Mayor Neena Singh for continuing the Senior Curbside Bulk Program throughout the month of August. At the time of this article, we are three-quarters of the way through the program, with one week remaining. Our volunteers have been helping some of our seniors move their unwanted bulk items to the curb for pickup. Items are placed outside on Sunday for pickup beginning Monday.

Last year was the pilot year for this program, with a limited registration and we were able to help some senior families. This year, there was no limit on the number of seniors who could register, allowing us to help even more people in our community.

Last year, EMS volunteers helped with the labor of getting items to the curb. A special thank-you goes to Lucas, a member of EMS, who has volunteered his time every Sunday throughout August. This is the second year that EMS has supported the program, with Joe helping to spread the word and organize volunteers. I am proud not only of the important healthcare services EMS provides, but also of the kindness and compassion shown by its members.

This year, Michael from Troop 46 has also helped coordinate volunteers from the troop. It was wonderful to see his sons, along with many other Scouts, giving their time to help our seniors. When you help those in need, you build character, and I have seen that character in all of the Scouts who have participated throughout this month.

We will begin working on organizing our volunteers for next year's program. A sincere thank-you goes to everyone who has given their time and effort to make this program a success. Your kindness and willingness to help others truly make a difference in our community.

September 10 Meeting

Our September 10 meeting will feature representatives from the Montgomery Township Police Department, who will discuss current scams and fraud schemes affecting seniors and members of our community. We make it a point to offer this presentation each year because staying informed is one of the best ways to protect ourselves from becoming victims. We will also be serving pizza and beverages.



Lou Vaccaro

As is customary at our monthly meetings, the club warmly invites the public to attend the guest speaker portion of the meeting. Please note that the business meeting begins at 1:45 PM, with the speaker presentation beginning soon afterward. Refreshments served after the presentation are for members only. We appreciate your understanding and look forward to welcoming both members and guests to the appropriate portions of the gathering.

Upcoming Senior Trip

Wednesday, December 16, 2026

Join the Montgomery Township Senior Citizens Club for our annual holiday trip to Hunterdon Hills Playhouse!

Cost: Members \$75 | Non-members \$92

Your trip includes:

- Round-trip deluxe motorcoach transportation
- Holiday performance
- Table-served luncheon
- Choice of six entrées

Salad, bread, dessert buffet, coffee or tea
This popular trip is always a wonderful way to celebrate the holiday season with friends.

Montgomery Senior Citizens, Inc. is a nonprofit organization open to Montgomery Township residents age 55 and older. Annual membership dues are \$20.00 per person. First-time members who join after June 30, receive a reduced membership fee. To become a member, visit our website at montgomerysc.org and register as a new member. Our meetings begin at 1:45 PM and are held at: Montgomery Senior Center Otto Kaufman Community Center 356 Skillman Road Skillman, NJ 08558
Website: montgomerysc.org, • Email: montgomeryseniorcitizens@gmail.com.
Mailing Address: Montgomery Senior Citizens, Inc. P.O. Box 232, Skillman, NJ 08558